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LRB104 12980 LAW 24639 r

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SENATE RESOLUTION

2 WHEREAS, Obsessive compulsive disorder (OCD) is a
3 debilitating mental disorder affecting approximately 8.2
4 million people in the United States, or 1 in 40 adults in their
5 lifetime and 1 in 100 children and teenagers; and

6 WHEREAS, OCD is often overlooked and belittled as a
7 personality quirk or choice, leading those with it to feel
8 shame and isolation; and

9 WHEREAS, In reality, OCD is a very real disorder that does
10 not discriminate based on race, age, gender, or background,
11 affecting people of all ages and walks of life; and

12 WHEREAS, OCD can be extremely disruptive, leading those
13 with the mental disorder to engage in obsessions, which are
14 unwanted, intrusive thoughts, images, or urges that trigger
15 intensely distressing feelings, and compulsions, which are
16 behaviors an individual engages in to attempt to get rid of the
17 obsessions and/or decrease distress; and

18 WHEREAS, Individuals with OCD may experience obsessions
19 and compulsions for at least an hour a day, significantly
20 interfering with day-to-day activities and affecting their
21 overall quality of life; and

1 WHEREAS, OCD can only be diagnosed by a medical
2 professional, and most people with the mental disorder benefit
3 from some combination of therapy and medication; and

4 WHEREAS, To bring awareness to this mental disorder, OCD
5 Awareness Week is an event held worldwide to dispel myths
6 about OCD, break the stigma around mental illness, and provide
7 education about the disorder and how to support those
8 affected; and

9 WHEREAS, Proponents of OCD Awareness Week utilize the
10 hashtag #OCDweek and contribute to a lighting campaign where
11 buildings, bridges, and structures across the nation light up
12 in the color teal to celebrate the week, bringing increased
13 recognition to the realities of OCD with each shining monument
14 serving as a beacon of hope to those impacted and their
15 families and support systems; and

16 WHEREAS, Proponents of OCD Awareness Week not only hope to
17 eliminate misconceptions about this mental disorder but also
18 hope to increase funding towards diagnosing and treating OCD,
19 as it receives far less federal funding than other serious
20 mental health disorders despite being significantly more
21 common; therefore, be it

1 RESOLVED, BY THE SENATE OF THE ONE HUNDRED FOURTH GENERAL
2 ASSEMBLY OF THE STATE OF ILLINOIS, that we declare October 12
3 through October 18, 2025 as OCD Awareness Week in the State of
4 Illinois.